

Quiet Days in 2019

**Saturday
9 March**

Revd Marian Bond "A still small voice:
reflections on Elijah's faith journey"

**Saturday
20 July**

Revd Rachel Monie.
Theme to be confirmed

**Thursday
5 September**

Revd Tess Lowe. Reflections on Luke 5 -
'They left everything and followed him'

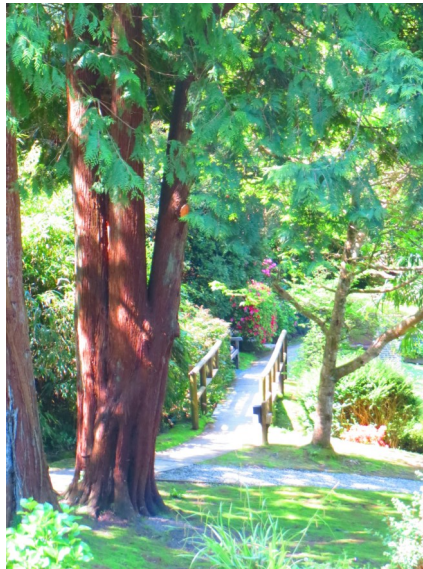
**Tuesday
15 October**

**The Bishop of Truro, the Right
Reverend Philip Mounstephen**
"Three Trees"



Come and enjoy the peace and
beauty of this place

The Church of St Just in Roseland has its home in a 13th century building on a site used for Christian worship since the 6th century Celtic saints. The church is beautifully situated on the shores of a tidal creek and is surrounded by wonderful gardens with peaceful pools, a holy well and many unusual plants.



*For further information & booking
please contact:
office@stjustandstmawes.org.uk
01326 270871*

Come
into his presence...



Quiet
Days
at
St Just in Roseland

Come into his presence

Jesus often withdrew to lonely places and prayed. Luke 5.16

Jesus regularly took time apart to pray.

'Come with me by yourselves to a quiet place and get some rest.' Mk 6.31b
He encouraged his disciples to do the same.



Way of Life

Quiet Days can be a valuable part of *our* journey of discipleship - an oasis for refreshment and renewal in our busy lives.

Be still and know

Set aside some time to come into his presence: to listen, to pray, to reflect or just to be still and know him near.

Reflection and silence

In these Quiet Days a number of short led reflections on a theme, will help us to focus on God. There will be suggestions for using the time alone - or you are welcome to do your own thing: walk, read, pray, rest.



You are most welcome to join us for any of these Quiet Days

The atmosphere is always relaxed and friendly.

There is parking in the car park near the church gate or on the drive itself.

Drinks throughout the day and a simple lunch will be provided.

There is no charge but a small donation towards costs would be welcome.

Booking is not essential, though it is helpful, so if you can leave your name with the Parish Office (details overleaf) that would be appreciated. However, if you decide at the last minute, please just come along.

We look forward to welcoming you!

Timings for a typical Quiet Day

(example only, not all days will follow this exact programme but will be similar)

9.45am Welcome and coffee

10.00am Introduction &
First led reflection

Time for personal reflection and prayer

11.30 Second led Reflection

Time for personal reflection and prayer

1.00 Lunch

2.00 pm Third led reflection

Time for personal reflection and prayer

3.30pm Informal Worship/Eucharist

4.00pm End